# **Television Policy**

We limit the time children in our care are permitted to watch television. There are normally more interesting and interactive activities to take part in. We don’t actually have a television on the premises and only very occasionally may watch educational videos on a device.

The watching of television programmes, DVDs and videos is normally restricted to:

* A short session after school to give the older children an opportunity to re-charge their batteries and enjoy a healthy snack.

We ensure that any programmes watched are suitable for all the children in my care. If your child wants to bring a DVD or video to watch at our house please check with us first as it must be appropriate viewing for the younger children.

Recent research has shown that excessive watching of TV can actually cause problems for some children. It can affect their social and communication skills, as there is no interaction.

Television is very fast and children get used to this pace of entertainment, this can then result in them becoming bored and frustrated at the slower pace of school teaching.

Updated 1/3/19