**Hygiene Policy**

We understand it is very important that to prevent the spread of germs and illnesses that hygiene procedures are in place and strictly adhered to.

Children are encouraged to wash their hands after going to the toilet, touching animals and playing outside. They must also wash their hands before eating any meals or snacks.

We assist the children in hand washing, ensuring that they are washing and drying them correctly.

We provide fresh paper towels clean in the bathroom each day.

We are happy to help children to clean their teeth after meals if you provide us with a toothbrush and paste.

We assist children with wiping their noses when they have colds and try to teach them how to blow their noses.

We explain to them the importance of safely throwing away dirty tissues to prevent the spread of germs.

We encourage children to put mouths into their elbow when they cough.

We will not mind a child who has had an upset stomach in the last 24 hours.

We clean the changing mat between children.

We follow strict hygiene routines in the kitchen, ensuring the fridge is at the correct temperature and that food is stored correctly in it.

In order for us to carry out procedures effectively we will need you to provide us with enough resources, for example nappies, labelled cream, spare clothes for the children etc.

We also request that you let us know if your child is feeling or has been unwell.

Updated 1/3/19